Winterfest is coming!

The holiday season is just days away, and your UWMC Recognition Team wants to make sure all of us at UWMC take the time to celebrate together. We’re busy preparing the various annual Winterfest events that occur in December for all UWMC staff to enjoy!

For those of you who have not experienced Winterfest, it is a long-standing UWMC tradition. This is a time of year when your UWMC Recognition Team and UWMC Administration help each department celebrate the holidays by delivering lunch to UWMC in-hospital and off-site locations and serving meals in the Plaza Café for night and evening staff. We also host a food & gift drive, hold a cider & jazz social for employees and patients/families, and departments can participate in the *NEW* Winterfest song contest.

See the last page of this issue for a full calendar. A separate “Winterfest packet” with all of the details will be emailed next week, so stay tuned!

“As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”
~John Fitzgerald Kennedy
Seattle Seahawks Quarterback Russell Wilson gives UWMC Diabetes Care Center patient the tools for a better life

Russell Wilson is the rookie starting quarterback for the Seattle Seahawks. He’s young, athletic, and healthy. But his life has also been significantly impacted by diabetes, to which Wilson’s father lost his life a couple years ago. Wilson, who does not have diabetes, is the new national ambassador for Charles Ray III Diabetes Association, Inc. CR3 recently had a drawing for a diabetes patient to receive a free insulin pump and a one-year supply of pump infusion sets, worth $8,000, which Wilson presented on Friday, November 9.

Angelo Pidone, age 22, was that lucky person. He’s been a patient of the UWMC Diabetes Care Center for 4 years, and Mary Janci ARNP, Pidone’s Diabetes Provider in the DCC, says that he “has a great attitude, he never goes negative.” Mary is the one who submitted his name for this drawing.

Pidone has Type 1 diabetes and, until Friday, was giving himself multi-dose injections; he comes from a financially challenged background, and his insurance won’t pay for an insulin pump. Pidone attends community college, takes care of his disabled brother, and works part time to help care for his family needs, supplementing with food bank resources. He has so many responsibilities in addition to maintaining his own health, and an insulin pump will benefit him so much. On Friday he said to the audience at the DCC that people have no idea what it’s like to be a young male, especially a young black male, sitting in the college cafeteria trying to give yourself insulin using a syringe, and not having people think you’re shooting up drugs. Because of that image, Pidone doesn’t give himself insulin shots during the day because he doesn’t want it to affect others’ perception of him and thereby his education.

On Friday, Pidone visited the DCC knowing that he would be receiving an insulin pump, but without any idea that Wilson would be the one to present it to him. Janci says that it was a very touching moment, seeing two young men who are roughly the same age, but coming from such different backgrounds, finding common ground in their plight against diabetes.

Wilson shook Pidone’s hand and signed a jersey for him (and for many others in the crowd, as well), and wished him well with his new insulin pump and supplies.

The fact that the event took place on November 9 was no happenstance, either. Wilson specifically wanted the event to occur on his father’s birthday so he could honor his father’s memory by helping someone in the same health situation. Wilson remembers growing up watching his father, who also played football and tried out for the San Diego Chargers in 1980, taking injections for his diabetes. His father then retired from football and became a busy lawyer. He battled diabetes for years, suffering from diabetes complications. Wilson’s father suffered a stroke two years ago, and passed away in the hospital with his family by his side. Russell Wilson feels very strongly about his work with CR3. He doesn’t want other people to have to experience these health complications that his father went through. Pidone is certainly not the only person who will appreciate Wilson’s efforts.

In addition to his new insulin pump and year’s worth of supplies, Angelo Pidone received a signed jersey from Russell Wilson.
THEME FRIDAY 11/30

SEAHAWKS PRIDE!

Be the long-distance 12th Man by sporting your Seahawks garb or anything blue and green on Friday, 11/30, as we support the Hawks before their away game against “da Bears.” (Seahawks take on the Chicago Bears at Soldier Field at 10 am on Sunday, 12/2.)

Send pictures of you and your friends wearing blue and green to tarab34@uw.edu. Please make sure your attire is respectful to the patient environment. No blue jeans (black pants, khakis, scrubs are fine).

If you have any questions please contact Tara Brown at tarab34@uw.edu.

GO SEAHAWKS!
Halloween Cooking & Baking Contest

Monday, 10/29, was the 4th Annual Halloween Cooking & Baking Contest. This year’s required ingredient was chocolate. We had only seven participants in the contest this year, but boy, were they impressive!

1st overall: Scott Buckmiller
2nd overall: Kyoko Kurosawa
3rd overall: Veronika Nagy
Most Innovative: Megan Baer
Most Innovative-Healthiest: Joy Murphy
Best Presentation-Scott Buckmiller

Thanks to our other participants: Betsy Bott and Kailey Sparks. And to our nine chocoholic judges: Susan Griffith, Scott Cuthbert, Rachel Harrill, Julie Reed, Stephanie Schulz, Diane Herring, Julie Bremer, Teresa Strathy, and Kyle Rodrick.

Click here for pictures from the event!

Halloween Decorating & Pumpkin Carving Contest

There was some amazing creativity throughout UWMC on Halloween for our annual Decorating & Pumpkin Carving Contest. With 18 participating departments, the judges had a difficult task in choosing the top entries. The results are...

Pumpkin carving
1st – ISIS “Heart Transplant” (Watch a video explanation of the ISIS pumpkin!)
2nd – Radiology “MRI”
3rd – 7 North “Graveyard Scene”
Honorable mention – Lab Med Chemistry “Headless Lab Tech”

Decorating
1st – ITS Help Desk “FUTURAMA”
2nd – PFS Customer Service Phone Team “Enter If You Dare”
3rd – Transfusion Support Services “Sleepy Hollow”

Thanks to everyone else who participated: OB-GYN, CCE, Teleservices, Espresso Retail Operations, Ops & Maintenance. They did a great job! A big thanks to our judges: Cynthia Rose, Laura Buck, and Josette Morton.

Click here for pictures from the event.
CHOCOLATE TRUFFLE TART WITH SALTED CARAMEL TOPPING

SERVES 10

FOR CRUST
28 chocolate wafers such as Nabisco Famous, finely ground in a food processor (1 1/2 cups)
3/4 stick (6 tablespoons) unsalted butter, melted and cooled completely

FOR FILLING
1/2 lb fine-quality bittersweet chocolate (no more than 60% cacao if marked), coarsely chopped
3/4 stick (6 tablespoons) unsalted butter, cut into 1/2-inch cubes
2 large eggs, lightly beaten
1/3 cup heavy cream
1/4 cup granulated sugar
1/4 teaspoon salt
1 teaspoon pure vanilla extract
1 tbsp espresso powder

FOR CARAMEL SAUCE
1 cup white sugar
6 tbsp unsalted butter (the best you can get your hands on)
1/2 cup cream (double cream, preferably)
1 tsp (or more) Maldon Sea Salt or Fleur de Sel

SPECIAL EQUIPMENT:
An 8-inch (20-cm) round springform pan

MAKE CRUST:
Put oven rack in middle position and preheat oven to 350°F. Wrap a sheet of foil over bottom of springform pan (in case of leaks). Lightly butter side of pan.
Stir together ground wafers and butter in a bowl until combined, then pat mixture evenly onto bottom of pan and 1 1/2 inches up side. Bake until crust is slightly puffed, about 10 minutes, then cool completely in pan on a rack, about 15 minutes. Leave oven on.

MAKE FILLING WHILE CRUST COOLS:
Melt chocolate and butter in a 2-quart heavy saucepan over low heat, stirring until smooth, then remove from heat and cool 5 minutes.
Whisk together eggs, cream, sugar, salt, espresso powder and vanilla in a bowl. Whisk chocolate mixture into egg mixture until combined well.

ASSEMBLE AND BAKE TART:
Pour filling into cooled crust and rap pan once on counter to eliminate any air bubbles. Bake until filling 1 inch from edge is set and slightly puffed but center trembles slightly when pan is gently shaken, 20 to 25 minutes. (Center will continue to set as it cools.) Cool tart completely in pan on a rack, about 2 hours. Chill, uncovered, until center is firm, about 4 hours. Remove side of pan and top with Salted Caramel Sauce (recipe below) and chocolate curls. For an easier presentation, skip the caramel and sprinkle with cocoa.

SALTED CARAMEL SAUCE:
Add the sugar in a thick bottomed pan and cook it till it melts. Keep swirling the pan so that the sugar can cook evenly. Once the sugar has reached a deep brown color, pull it off the heat and add all the butter. It will foam up, so make sure you're using a pan with high sides. Stir until it's completely melted into the sugar. Next, pour in the cream (more foaming) and whisk in until you have a consistent sauce. Stir in half the salt. Let it cool completely. Stir in the remaining salt. Bottle it. Serve it on a cake, in a cake, over ice-cream, tarts, crumbles, pancakes, brownies, waffles, toast, granola. Everything. Store in refrigerator for up to two weeks.

COOKS’ NOTES:
Tart can be chilled up to 3 days. Cover loosely after tart is completely chilled (covering before may cause condensation). Crust, without filling, can be made 1 day ahead and kept, covered, at room temperature.

BROWNIES: GLUTEN-FREE / DAIRY-FREE / REFINED SUGAR-FREE

Most Innovative: Healthiest entry by Joy Murphy

1 package Pamela’s Chocolate Brownie Mix (available at Whole Foods or PCC)
1/2 cup natural applesauce
1/4 cup water
1 large egg

Follow mixing directions on package.

Add:
1/2 - 3/4 cup mini chocolate chips (Enjoy Life - dairy-, nut-, and soy-free)
1/2 cup dried cherries (I cut the cherries in half)
1/2 cup slivered almonds, chopped into small pieces

Follow baking directions on brownie package.
September Employee of the Month

MARIO MINISTERIO
Lead Chef
Food & Nutrition Services

Excerpt from Mario’s nomination
SERVICE: Not only is Mario an outstanding supervisor, he also gives positive and healthy advice about work and life. Anybody could look up to him as a father figure. Mario exemplifies his value to the department by being himself and by giving his all.

Back in May, a nurse manager informed Food & Nutrition Services that they had a patient who was terminal. While rounding with the patient, they indicated they would love a lobster meal as one of their last requests. Mario immediately visited the patient and started to plan a beautiful lobster dinner for them. When Mario delivered the meal the patient’s spouse started to cry happy tears and the patient’s daughter was so excited, she could be heard saying, “Your lobster is here!” in a very excited tone. Providing a Patients are First culture requires teamwork, people with a keen eye for service opportunities, and the ability and desire to do anything possible for the patient.

Mario has been such a blessing to the room service program. He always focuses on Patients are First, willing to accommodate and make any necessary changes to meet our patients’ needs. He also goes above and beyond his responsibilities to help out wherever is needed. He has mentored several of his coworkers to become a cook.

October Employee of the Month

LOURI CANONIZADO
Program Coordinator
Patient Financial Services

Excerpt from Louri’s nomination
INNOVATION: Louri uses fun and creative ways to motivate herself and her staff. They use all kinds of recognition to keep the staff motivated and with a positive energy. Louri was the first to step up with me to run several charity events this year in conjunction with the Combined Fund Drive and had such great ideas to get people motivated to buy the products as well to maximize the profits for the charity. She was always willing to help and change strategies in a heartbeat to accommodate for our projects and committees.

EXCELLENCE: Louri is someone you can always count on for anything. She never asks, she just does. She double checks all details and if something doesn’t look right, she questions it or comes up with other ideas to adapt quickly. She has the most positive energy, is so easy to work with, and always has a smile. She is a go-to person with a lot of knowledge in customer service. She always puts her best foot forward and respects all people she works with and for. She exemplifies a team player.

Nominate someone today for the Employee of the Month or Medical Staff TLC Award!
Folks who reached a milestone anniversary in... Congratulations & Thank You!

SEPTEMBER 2012

Nancy Anderson - 8NE Oncology - 5 years
Janice Aquino - PFS - Administration - 5 years
Kathleen Balagtas - 5E Critical Care - 10 years
Andrew Barnes - UWMC Pharmacy - 15 years
Lia Barros - 5E Critical Care - 5 years
Gordon Bock - UWMC Accounting - 15 years
Donald Bomgaars - UWMC Pharmacy - 25 years
William Bremner, MD - Medicine - 35 years
Charles Brown - PFS - Administration - 5 years
Laura Brown - 5E Critical Care - 10 years
Jeanene Chapman - 8NE Oncology - 5 years
Leo Chen - 5SE Critical Care - 10 years
Erik Christianson - Radiology-Diagnostic - 15 years
Arlene Conde - Spec Proc O/P Services - 5 years
Cesar Costales - Laboratory Support Services - 25 years
Francis Cruz - Environmental Service - 5 years
Sarah Curtis - Echocardiology Lab - 5 years
Greg Davis, MD - Otolaryngology/HNS - 5 years
Ericson Diaz - Cons L&L - 5 years
Peter Dolinski - UW Medicine IT Services - 5 years
Nicole Doran - Cardiology-Heart Cath - 5 years
Theresa Duffy - Patient Care Coordinators - 15 years
Arun Dutt - Materials Management - 15 years
Pamela Easterling - Laboratory Medicine - 20 years
David Echague - 6NE Medical - 15 years
David Edwards - Operating Rooms - 5 years
Timothy Ehling - 8NE Oncology - 5 years
Andrea Eiseman - 5E Critical Care - 5 years
Cher Elicin - 6NE Medical - 5 years
Kristine Erwin - UW Medicine Compliance - 10 years
Marisa Everett - UWMC Pharmacy - 5 years
Sungmi Ferrell - Interpreter Services - 5 years
Terrell Fox - Hospital Security - 5 years
Elise Frans - 8NE Oncology - 5 years
Nancy Friese - HIM-Transcription Services - 10 years
Lorri Froid - Radiology-Support Services - 35 years
Brian Giddens - Social Services - 15 years
Gloria Grenfell - Patient Nutrition - 5 years
Lisa Lin Hance - Clinics Administration - 30 years
Donald Hardies - PFS - Administration - 5 years
Retha Hay - Campus Health Clinic - 5 years
Kathryn Jobe - Resource Team - 5 years
Carrole Johnson - Internal Medicine Clinic - 5 years
Jason Johnson - PFS - Administration - 5 years
Verdayne Johnson - Radiation Oncology - 5 years
Marla Kaufman, MD - Rehabilitation Medicine - 5 years
Lindsey Kellett - 5SE Critical Care - 5 years
Tyler Kellett - 5SE Critical Care - 5 years
Hamelmal Kidanu - 8N Rehab Medicine - 10 years
Susan Kimsey - Radiology-Support Services - 10 years
Makeyla Kliger - 6N Neonatal ICU - 5 years
William Leavy - 6NE Medical - 5 years
Kimberly Leuven - Laboratory Support Services - 15 years
Kay Lew - Ambulatory Floats - 10 years
Henry Liem - Maintenance - 15 years
Katherine Lieu - 5NE Medical-Surgical - 5 years
Marsha Linehan, PhD - Psychiatry/Behavioral Science - 35 years
Katlin Loeffler - 6N Neonatal ICU - 5 years
Huu-Ngan Luu - Patient Nutrition - 5 years
Patricia Malone - Post Anesthesia Care - 25 years
Rachael Mar - Radiology-Support Services - 15 years
Margaret Marcy - Patient Care Coordinators - 15 years
Phil Marley - Laboratory Medicine - 10 years
Erin Matthew - 7NE Oncology - 5 years
PerCY McBride - Patient Nutrition - 5 years
Nathalie McCammon - Teleservices - 5 years
Scott Mccleary - Radiation Oncology - 5 years
Karen McElhinney - Quality Assessment & I - 20 years
Dorthea McMahon - Resource Team - 25 years
Roy Miller - Environmental Services - 30 years
Tricia Monsanto - Radiation Oncology - 15 years
Kim Montgomery - Radiation Oncology - 20 years
Kendra Moore - 8NE Oncology - 5 years
Ronald Nations - Financial Services-Counseling - 15 years
Helen Ng - Computed Tomography - 5 years
Courtney Nybod - Perinatal Daily - 5 years
Donna Nyenhuis - Cardiology EPS Lab - 35 years
Erika Obrietan - 7S Gen Clinical Res Center - 10 years
Nikki Ono - EMS Muse - 5 years
Margaret O’Rourke - Physical Therapy - 10 years
Anselmo Paragua - HIM-Medical Records - 5 years
James Park, MD - Surgery - 5 years
Floribel Paulson - Laboratory Medicine - 25 years
Gregory Pepper - Laboratory Medicine - 20 years
Pam Pham - Nuclear Medicine - 15 years
Matthew Piel - UW Medicine IT Services - 5 years
Kathryn Piper - Laboratory Medicine - 35 years
Kris Pope - Quality Assessment & I - 5 years
Jessica Ravitsky - Patient Care Info Sys - 10 years
Meuy Saephan - Patient Nutrition - 5 years
Aurea Santos - Environmental Service - 5 years
Sarah Savage - Operating Rooms - 5 years
Michael Scherrer - Laboratory Medicine - 15 years
Vanessa Sochulak - 5SE Critical Care - 10 years
Nancy Stewart - 6SE Orthopaedics - 5 years
Elmer Taganna - Patient Nutrition - 5 years
Kam Tong Tan - Echocardiology Lab - 15 years
Lynn Telford - Patient Care Coordinators - 15 years
Fortuna Tesfaldet - Radiation Oncology - 5 years
Andrew Tubbs - Maintenance - 5 years
Romulo Urtula - Patient Nutrition - 5 years
Julie Valley - Radiation Oncology - 20 years
Natalia Villone - Laboratory Medicine - 5 years
The “Recognition RamPAGE” features a “Welcome” section for new UWMC employees and a “Congratulations” section for employees who reached a milestone anniversary in a given month. If you reached a milestone anniversary and do not see your name listed on the previous pages, or if your name is inaccurately included, please contact Bhaskar Narayan at 598.1777 or bhaskarn@uw.edu. *UWMC staff and faculty that reach a milestone anniversary in 2012 will be invited to the Service Awards Celebration held on March 15, 2013.*

The “Recognition RamPAGE” features a “Welcome” section for new UWMC employees and a “Congratulations” section for employees who reached a milestone anniversary in a given month. If you reached a milestone anniversary and do not see your name listed on the previous pages, or if your name is inaccurately included, please contact Bhaskar Narayan at 598.1777 or bhaskarn@uw.edu. *UWMC staff and faculty that reach a milestone anniversary in 2012 will be invited to the Service Awards Celebration held on March 15, 2013.*
WELCOME to UWMC!

Folks who joined our team in SEPTEMBER 2012

Jermene Aldinger - 7NE
Nicholas Allen - 6NE
Annalisa Atienza - 7NE
Patrick Baah - Environmental Services
Jessica Basista - Occupational Therapy
Arman Bondoc - Patient Nutrition
Jean Boothby - Resource Team
Austin Borchardt - Volunteer Services
Karen Brown - Laboratory Support Services
Kathleen Byrd - 7N
Doris Campbell - Patient Care Coordinators
Melody Campbell - Volunteer Services
Megan Canterbury - 7NE
Sarah Carney - 4SE
Hilary Carroll - 7NE
Rodolfo Castro - Radiology Support Services
Vanessa Chavez - Volunteer Services
Danny Chen - Hospital Security
Gina Cirimele - Obstetrics & Gynecology
Melissa Clifton - Laboratory Support Services
Rachel Corns - Card Diag - EKG
Cynthia Coronel - Dean Medicine
Susan Cummings - General Surgery
Monica Dang - Volunteer Services
Kristia-Leanne Dizon - Transplant Program
Glenna Doll - 5SE
Beth Eichhorn - Cardiology Clinic
Nicholas Enriquez - 5E
Lara Felker - 5E
Miskir Ferede - Environmental Services
Megan Fernandes - Resource Team
Malou Fernandez - Patient Nutrition
Anna Fox - Laboratory Support Services
Rayna Friedberg - Rehab Administration
Sonya Fukeda - Obstetrics & Gynecology
David Ghezzi - Laboratory Support Services
Lacrisa Go - 7NE
Jessica Gordon - Transplant Program
Edmundo Guirnalda - Environmental Services
Hannah Hayes - MIC
Faye Hong - Radiology Diagnostic
Buu Buu Huynh - Radiology Diagnostic
Barbara Israel - MS Center/NW Hospital
Thaddeus Jackson - Maintenance
Angela Jacobson - Laboratory Medicine
Stacey Jones - MS Center/NW Hospital
Melissa Jordan - PFS - Administration
Toni Jorgensen - 7SE
Tamika Kersey - Sport and Spine Clinic
Sumi Kim - 5E
Young Kim - Environmental Services
Angela Knox - 7NE
Chase Krumins - Resource Team
Juliana Kwak - Volunteer Services
Amy Landgraf - Resource Team
MiSeon Laureano - Eastside Specialty Center
Wen-Sheng Lee - Volunteer Services
Andrew Lee - Laboratory Support Services
Geoffrey Linn - Radiation Oncology
Alexander Lopez - Computed Tomography
Jessica Lopez - Perinatal Daily
Lemlem Mahmud - Environmental Services
Lee Mangune - Environmental Services
Lauren Manteghi - Operating Rooms
Derrek Mantzke - Laboratory Medicine
Eric Martinez - Otolaryngology/HNS
William McClure - Resp Care Services
Erin McCoy - Obstetrics & Gynecology
Amanda Meier - Regional Heart Center
Kathleen Melson - Center of Clinical Excellence
Gebreeyesus Mengestu - Environmental Services
Ross Miles - Radiology Support Services
Meghan Milely - Operating Rooms
Rachelle Miller - Obstetrics & Gynecology
Lyndsey Mixon - Transplant Program
Susan Moore - Cardiology Clinic
Shonta Morgan - Resource Team
Sarah Muir - Volunteer Services
Melissa Nagin - 8NE
Shewaye Negaw - Environmental Services
Marni Nicholson - 7SE
Paige Pahlke - 7NE
Isabel Palileo - Laboratory Medicine
Bae Park - Radiology Support Services
Nathalie Pelletier - PACU
Arnie Pelluer - Psychiatry
Kariss Peterson - Cath Lab
Gail Petlig - PFS - Administration
James Porter - Volunteer Services
Colin Ramsay - Laboratory Support Services
Makda Redae - Environmental Services
Penny Ringstad - Otolaryngology/HNS
Stephanie Risedorf - Volunteer Services
Josie Rostron - 6N
Josie Rostron - 6 North
Kelly Russell - 5SE
William Schinder - Maintenance
Brian Schlieman - Maintenance
Robert Scott - Digestive Disease Center
Britany Sembower - 6N
Jeremy Shenefield - UWMC Pharmacy
Jenna Shiosaki - 5E
Christopher Shull - UWMC Pharmacy
Frances Siciliano - Laboratory Support Services
Jiwon Song - Volunteer Services
Megan Sono - UWMC Pharmacy
Kailey Sparks - 5SE
Annette Stover - Rehab Electromyography
Vonsoy Stubblefield - MIC
My Su - Volunteer Services
Mysra Sugatan - Environmental Services
Courtney Sumanqui - Volunteer Services
Thomas Swenson - 5SE
Kelley Taylor - Laboratory Medicine
Lan Tran - Cardiology Clinic
Andrey Vasilishin - Prosthesis - OR
Dolores Wilson - Rehab Clinic
Jana Wittrock - Organization Development & Training
Lai Sim “Christine” Wong - UWMC Pharmacy
Lai Sim “Christine” Wong - UWMC Pharmacy
Emily Worrall - Laboratory Medicine
Roque Yanzon - Environmental Services
Qing Yeung - Health Center Pharmacy
**WELCOME to UWMC!**

<table>
<thead>
<tr>
<th>Name</th>
<th>Department</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rommel Agabin</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Ronald Anderson</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Jeremiah Arreola</td>
<td>Prosthesis - OR</td>
</tr>
<tr>
<td>Vanessa Barone</td>
<td>Transplant Program</td>
</tr>
<tr>
<td>Michael Barrows</td>
<td>UW Medicine Finance</td>
</tr>
<tr>
<td>Michele Benavente</td>
<td>6NE Medical</td>
</tr>
<tr>
<td>Nicole Bene</td>
<td>4NE</td>
</tr>
<tr>
<td>Charles Bennett</td>
<td>8N</td>
</tr>
<tr>
<td>Lakech Beyene</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Craig Brandt</td>
<td>Patient Nutrition</td>
</tr>
<tr>
<td>William Broom IV</td>
<td>Volunteer Services</td>
</tr>
<tr>
<td>Lori Brown</td>
<td>Patient Care Info Systems</td>
</tr>
<tr>
<td>Catherina Cabrera</td>
<td>Patient Nutrition</td>
</tr>
<tr>
<td>Carlos Cadena</td>
<td>Prosthesis - OR</td>
</tr>
<tr>
<td>Susan Carey</td>
<td>Operating Rooms</td>
</tr>
<tr>
<td>Rolando Castillo</td>
<td>Patient Nutrition</td>
</tr>
<tr>
<td>Heajin Chang</td>
<td>Resp Care Services</td>
</tr>
<tr>
<td>Stephanie Chavet</td>
<td>PACU</td>
</tr>
<tr>
<td>Kimberly Cheeney</td>
<td>5NE</td>
</tr>
<tr>
<td>Sabrina Cherry</td>
<td>Social Services</td>
</tr>
<tr>
<td>Laurie Chowayou</td>
<td>Clinical Research Center</td>
</tr>
<tr>
<td>Nile Clark</td>
<td>Operating Rooms</td>
</tr>
<tr>
<td>Kirsten Conway</td>
<td>Social Services</td>
</tr>
<tr>
<td>Corinda Cronenwett</td>
<td>Cardiology Clinic</td>
</tr>
<tr>
<td>Shandy Davis</td>
<td>Cardiology Clinic</td>
</tr>
<tr>
<td>Paiwan Dechphant</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Nolan Donnelly</td>
<td>Volunteer Services</td>
</tr>
<tr>
<td>Cara Drinovský</td>
<td>7NE</td>
</tr>
<tr>
<td>Ingrid DuMosch</td>
<td>Campus Health Clinic/Infection Control</td>
</tr>
<tr>
<td>Amresh Dutt</td>
<td>PFS - Administration</td>
</tr>
<tr>
<td>Joanne Emelock</td>
<td>7NE</td>
</tr>
<tr>
<td>Laura Fair</td>
<td>4NE</td>
</tr>
<tr>
<td>Brian Fialdini</td>
<td>5SE</td>
</tr>
<tr>
<td>Terrance Frye</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Julio Galarza</td>
<td>UW Medicine Compliance</td>
</tr>
<tr>
<td>Ronald Galdonez</td>
<td>Patient Nutrition</td>
</tr>
<tr>
<td>Liz Gay</td>
<td>Dean Medicine</td>
</tr>
<tr>
<td>Tara Gesiter</td>
<td>6N</td>
</tr>
<tr>
<td>Addisalem Getaneh</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Erin Goelze</td>
<td>6N</td>
</tr>
<tr>
<td>Neil Gomez</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Renato Gomez</td>
<td>Patient Nutrition</td>
</tr>
<tr>
<td>Patricia Graham</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Samantha Graving</td>
<td>Patient Nutrition</td>
</tr>
<tr>
<td>Donald Guillory</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Julie Habegger</td>
<td>Social Services</td>
</tr>
<tr>
<td>Rahel Haileyesús</td>
<td>6SE Orthopaedics</td>
</tr>
<tr>
<td>Arus Haji</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Christine Hankins</td>
<td>5SE</td>
</tr>
<tr>
<td>Hope Harris</td>
<td>Laboratory Support Services</td>
</tr>
<tr>
<td>Kristina Helps</td>
<td>PACU</td>
</tr>
<tr>
<td>Cailin Henley</td>
<td>6SE Orthopaedics</td>
</tr>
<tr>
<td>Jim Hicks</td>
<td>Operating Rooms</td>
</tr>
<tr>
<td>Jeffery Hopper</td>
<td>Resource Team</td>
</tr>
<tr>
<td>Diana Horton</td>
<td>Laboratory Support Services</td>
</tr>
<tr>
<td>Wei-Lin Huang</td>
<td>Social Services</td>
</tr>
<tr>
<td>Timothy Huff</td>
<td>Quality Assesment &amp; I</td>
</tr>
<tr>
<td>Daniel Humphrys</td>
<td>Laboratory Medicine</td>
</tr>
<tr>
<td>Christine Joseph</td>
<td>6N</td>
</tr>
<tr>
<td>Kirsten Jung-Stenwall</td>
<td>UWMC Pharmacy</td>
</tr>
<tr>
<td>Caroline Kimani</td>
<td>Resp Care Services</td>
</tr>
<tr>
<td>Kendra Koeplin</td>
<td>Social Services</td>
</tr>
<tr>
<td>Alison Kreiter</td>
<td>Social Services</td>
</tr>
<tr>
<td>Kelly Kuhn</td>
<td>8N</td>
</tr>
<tr>
<td>MiSeon Laureano</td>
<td>Eastside Specialty Center</td>
</tr>
<tr>
<td>Hilary Law</td>
<td>Social Work</td>
</tr>
<tr>
<td>Jaime Loughlin</td>
<td>6N</td>
</tr>
<tr>
<td>Melissa Lyons</td>
<td>5E</td>
</tr>
<tr>
<td>Maria Lysen</td>
<td>6N</td>
</tr>
<tr>
<td>Nathan Marr</td>
<td>HIM UW Records Storage</td>
</tr>
<tr>
<td>Hannah Marshall</td>
<td>Social Services</td>
</tr>
<tr>
<td>Bryan Maruhashi</td>
<td>6N NICU</td>
</tr>
<tr>
<td>Arnold Maurera</td>
<td>PFS - Administration</td>
</tr>
<tr>
<td>Patricia Maxwell</td>
<td>Ambulatory Floats</td>
</tr>
<tr>
<td>Jessica Miller</td>
<td>4NE</td>
</tr>
<tr>
<td>Hannah Miner</td>
<td>7NE</td>
</tr>
<tr>
<td>Claire Moga</td>
<td>8NE</td>
</tr>
<tr>
<td>Anne Morrison</td>
<td>7N</td>
</tr>
<tr>
<td>Kouros Nayebi</td>
<td>Resource Management Center</td>
</tr>
<tr>
<td>Marie Nelson</td>
<td>Social Services</td>
</tr>
<tr>
<td>Hang Minh Nguyen</td>
<td>UWMC Pharmacy</td>
</tr>
<tr>
<td>Shannon Northern</td>
<td>Hospital Security</td>
</tr>
<tr>
<td>Karin Oesterich</td>
<td>6N</td>
</tr>
<tr>
<td>Peter Olsen</td>
<td>Triangle Parking</td>
</tr>
<tr>
<td>Pamela Palagi</td>
<td>UWMC Administration</td>
</tr>
<tr>
<td>Smita Pednekar</td>
<td>Social Services</td>
</tr>
<tr>
<td>Elizabeth Pettrak</td>
<td>Bone &amp; Joint Center</td>
</tr>
<tr>
<td>Juthamas Ponburanakit</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Praneet Poyns</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Shannon Preston</td>
<td>General Surgery</td>
</tr>
<tr>
<td>Luis Quiroga</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Damdinjav Ranjin</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Jennifer Revall</td>
<td>Radiation Oncology</td>
</tr>
<tr>
<td>Jennifer Revall</td>
<td>Radiation Oncology</td>
</tr>
<tr>
<td>Eddy Rivera</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Nicole Robinson</td>
<td>MIC</td>
</tr>
<tr>
<td>Karleigh Sandwith</td>
<td>7NE</td>
</tr>
<tr>
<td>Misty Sedotal</td>
<td>Patient Care Coordinators</td>
</tr>
<tr>
<td>Yehualawork Seleshi</td>
<td>6SE Orthopaedics</td>
</tr>
<tr>
<td>Jeannine Shaw</td>
<td>Ambulatory Floats</td>
</tr>
<tr>
<td>Lauren Shimek</td>
<td>5SE</td>
</tr>
<tr>
<td>Victoria Shorten</td>
<td>Surgical Specialties Clinic</td>
</tr>
<tr>
<td>Robert Siegfried III</td>
<td>UWMC Pharmacy</td>
</tr>
<tr>
<td>Aaron Snellgrove</td>
<td>Maintenance</td>
</tr>
<tr>
<td>Paul Snyder</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Elizabeth Spector</td>
<td>5NE</td>
</tr>
<tr>
<td>Lacey Surprentan</td>
<td>6N</td>
</tr>
<tr>
<td>Jodee Tanaka</td>
<td>Laboratory Medicine</td>
</tr>
<tr>
<td>Teklemaryam Tesfatsion</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Alex Thomason</td>
<td>UWMC Pharmacy</td>
</tr>
<tr>
<td>Roy Thyparambil</td>
<td>6NE Medical</td>
</tr>
<tr>
<td>Janet Uhal</td>
<td>MIC</td>
</tr>
<tr>
<td>Brittany Wall</td>
<td>Diabetes Care Center</td>
</tr>
<tr>
<td>Paul Washington</td>
<td>Laboratory Support Services</td>
</tr>
<tr>
<td>Christy Weiland</td>
<td>UWMC Pharmacy</td>
</tr>
<tr>
<td>Dana Whitman</td>
<td>8SE</td>
</tr>
<tr>
<td>Cari Williams</td>
<td>6N</td>
</tr>
<tr>
<td>Catherine Williams</td>
<td>Social Services</td>
</tr>
<tr>
<td>Jennina Wilson</td>
<td>MIC</td>
</tr>
<tr>
<td>Paul Wood</td>
<td>Radiology Support Services</td>
</tr>
<tr>
<td>Chun Xu</td>
<td>4NE</td>
</tr>
<tr>
<td>Shao-Diing Yang</td>
<td>Pathology Histology</td>
</tr>
<tr>
<td>TC Yi</td>
<td>UW Medicine Finance</td>
</tr>
<tr>
<td>Riskey Zeleke</td>
<td>Environmental Services</td>
</tr>
<tr>
<td>Ramona Zweifel</td>
<td>Patient Nutrition</td>
</tr>
</tbody>
</table>
WELCOME to UWMC!

Folks who joined our team in NOVEMBER 2012

Felicia Ackerman - Social Services
Catherine Baker - 6N
Rustam Begaliev - Hospital Security
Maria Brutas - Operating Rooms
Linh Cao - Financial Services - Counseling
Tyahna Collier - 8NE Oncology
Tammy Cox - Maintenance
Julie Dowell - Operating Rooms
Ashley Duke - Emergency Department
Megan Etzkorn - Surg Spec Clinic
Tia Fernando - 8NE
Anna Fortygin - Laboratory Support Services
David Fowler - Hospital Security
Philip Hainley - Laboratory Support Services
Paul Hoffmann - UWMC Pharmacy
Bradley Johnson - Resource Team
Peter Jones - Maternal Infant Care Center
Chelsea Jorgensen - MIC

Elizabeth Karvonen - 6SE Orthopaedics
Julia Keblitis - PACU
Tamela Marrero - Operating Rooms
Deborah Martin Shorter - 7NE
Manisha Narayanan - Radiation Oncology
Joanna Nowak - Laboratory Support Services
Dereje Oda - Post Anesthesia Care
Christina Oliphant - Cardiology Clinic
Sidiki Ouattara - Radiation Oncology
Stephanie Porents - 5SE
Betsy Rhodes - Laboratory Support Services
Nancy Rutstein - Transplant Program
Samoeun San - 4SE
Brandon Scott - MS Center/NW Hospital
Melissa Scott - Operating Rooms
Renee Sharpe - PACU
Cristina Tica - 4SE
Jesenia Torres - 5E

"Start by doing what's necessary, then what's possible; and suddenly you are doing the impossible."
~ Saint Francis of Assisi (1181-1286)

Congratulations to our Fall 2012 DAISY Award winners!

DAISY is an acronym for Diseases Attacking the Immune System. The Foundation was formed in November, 1999, by the family of J. Patrick Barnes, who died at age 33 of complications of Idiopathic Thrombocytopenic Purpura (ITP). Patrick Barnes’ family felt compelled to express their profound gratitude to nurses for the work they do for patients and their families every day, and they founded the DAISY Foundation. Our DAISY Award winners are part of an esteemed group of nurses worldwide honored for their excellence and caring in their nursing practice.

This quarter’s DAISY Award winners are: Christine Bergman (6SE), Jane Cantor (RHC), Lynn Lingen (4SA), Lucas Tonies (5SE), Michelle Gibson (8N).

Congratulations to our newest DAISY awardees!

Offerings from Organization Development & Training (OD&T)

OD&T provides various workshops and leadership development classes to help our employees improve and grow. Upcoming classes through OD&T are:

- Tier 1 - Jan. 23-25, March 8-10
- Tier 2 - March 26-29, June 11-14
- Extraordinary Leader Workshop - Feb. 7 & 28, May 31 & June 21
- Corrective Action Workshop - Dec. 7
- Putting Patients First Workshop - Jan. 14, Feb 1
- Interviewing & Selection: Hiring the Best Fit - Nov. 30
- Sponsored Training through POD (different each quarter)

Visit OD&T’s website and click on “Educational Offerings” to register and learn more about the classes.
Recognition Raves!

YOUR ‘THANK YOUS’ TO AND INSPIRATIONAL STORIES ABOUT THE STARS AMONG US

On October 14th, the NICU moved into beautiful new space in the Montlake Tower. From design to move in, this process took more than 5 years. I want to recognize EVERYONE who had a part in this project... from architects, designers, project managers, staff, and families who contributed to the vision through the build and getting us ready to occupy our new unit. I held a vision of being tightly followed by a whole crowd of people as we moved in (EVS, Teleservices, IT, Clinical Engineering, Ops & Maintenance, Vendors and more). It took a village!

I also want to acknowledge all the units and departments who have had projects on hold or have been waiting for resources until the Montlake Tower gets opened! I can imagine how frustrating it has been and just want to say that I am aware that your delays gave us much needed resources to make the move happen in a smooth and safe manner.

Lastly, I want to thank the staff, providers, and families of the NICU. Holding a vision of what could be, waiting more than 30 years for this new home, we have moved into a space which supports the world-class care that happens each and every day. I am so proud of you.... THANK YOU!

-Christine Sampson (10.26.12)

I want to give a big shoutout to Watson Smith, Kari Campbell and Gene Zierler for all their help rescheduling conference rooms for me during our CMS Survey last week. It was not an easy feat and they were the epitome of professionalism under pressure at its best. They deserve a huge THANK YOU!!

-Watson Smith, Kari Campbell and Gene Zierler

Just wanted to give a big shout out to Lisa Hance for her 30 year anniversary with UW Medical Center! She has seen so many transitions and helped with many great accomplishments for the Medical Center over the years. Thanks for all your work to make the Medical Center the amazing place it is today!

-Operator Dan (10.10.12)

As a STAT nurse, I have the distinct privilege of working with outstanding professionals here every day. Quite often, we are challenged as professionals and teams to function in singularly unusual and stressful circumstances. Amidst medical emergencies, we are fortunate to have dedicated professionals who go to every length to provide the best care possible.

I witnessed the best from my colleagues during a particularly challenging emergency on 7SE recently. From 7SE nurses and PCTs, to our physicians and pharmacists, everyone stretched beyond capacity to address his emergent needs.

I would like to recognize two individuals in particular who made an impression on me. Kat Jobe and Oumar Coulibaly, two members of our Lift Team, were exemplary team members during this event. Their skilled ability to blend in and provide essential services made a positive impact on the coordination of his care. I am most appreciative of their skills and dedication to excellent patient care. Thanks for all you do every day.

-Kim Jackson (11.7.12)

I took a Medcon call earlier on 10.10.12 from a Dr. Harris in Port Townsend, and Dr. Bruce Dalkin responded. Dr. Harris called back at 520 am to say that she and the patient were “incredibly grateful to Dr. Dalkin; his suggestion and help made a world of difference to the patient.” Dr. Harris wanted Dr. Dalkin to know how pleased she and the patient were for his help.

-Operator Dan (10.10.12)

I want to give a big shout out to Christine Dean and Betsy Bott for all their help rescheduling conference rooms for me during our CMS Survey last week. It was not an easy feat and they were the epitome of professionalism under pressure at its best. They deserve a huge THANK YOU!!

-Kathryn Rich (10.31.12)

Just wanted to give a big shout out to Lisa Hance for her 30 year anniversary with UW Medical Center! She has seen so many transitions and helped with many great accomplishments for the Medical Center over the years. Thanks for all your work to make the Medical Center the amazing place it is today!

-Megan Maier (10.17.12)
Staff, faculty and patients from Neurological Surgery Clinic participated in the 5th Annual Seattle Brain Cancer Walk on September 22, 2012 at Seattle Center’s Founders Court. This fundraising activity’s goal is to raise money for research, clinical trials and comprehensive care for brain cancer patients in the Pacific Northwest. The group was led by Laurie Crew, ARNP, first row, 3rd from right.

Hernando Navarro is the Custodian assigned to our floor here at UW GIMC. You’d think he would come in, do his work, and leave without a word. Hernando is different. He is the greatest custodian a clinic could ask for! He is always so friendly and kind. Best of all, he spoils us rotten. I have never seen a clinic so clean in just a few hours. Hernando takes his work to heart and not only does he work well, he is always happy. In my two years of working in GIMC with Hernando, I’ve never seen him in a bad mood. Two years of constant happiness. What’s his secret?!? At the end of a long day, it’s just what we need: Hernando. :)

-Rachel Harrill (10.8.12)

Jennifer Kurczak, thank you so much for everything that you do. Our department is very lucky to have you, especially me! You’re such a hard worker and always inspire me to work hard and help others on our Radiology team. Thank you for always being so upbeat and positive, it’s infectious!

-Coleen Sablan (9.30.12)

I would like to recognize and thank Kathleen Schaefers and her entire team for the great work they are doing coordinating all the construction projects within the medical center. This team works very well together and can always be depended on to follow up on every last detail. In Nutrition Services we have expanded our cold food production and refrigerated storage areas and throughout the project, as complications developed, design and construction management made sure every detail was managed. Kathleen was able to hang a whiteboard in my office, space plan for catering storage due to project complications, and help us conceptualize a more inviting space for the Atrium Espresso. This department answers every email promptly and again does not miss a detail. Just as if our project was our daughter’s wedding, you can count on this department to remain calm and guide you through the projects and the change orders. The team in Nutrition Services appreciates the service level and follow through of design and construction. Thank you.

-Charles Zielinski (10.5.12)

I would like to give kudos to Sue Gorton, Surgery RN, for her immensely valuable assistance today to Clare McLean, UW Medicine photographer, and me during the photo session this morning of the TAVR procedure in the Cath Lab.

She recognized that Clare and I needed to wear protective lead aprons and assisted us with getting them on; she helped identify key points in the procedure that Clare should photograph; she was also informative to help me understand what was happening. Her help made all the difference in this being a successful endeavor and we would like to express our appreciation to her.

-Laura Matheson (10.29.12)

We want to thank Cyndi Jeffer for her great work ethic and supporting the social work staff. We couldn’t do it without her! She is always on top of the work flow game, which is a very busy floor, and aware of our patients who are admitting and discharging. She is approachable to patients and staff and always shows concern for patient and family needs. When discharge packets are needed, she makes sure they are completed in a timely manner. We have witnessed her go above and beyond her duties when helping staff and families. Her smile is contagious and she can always make you laugh even on the busiest, most stressful of days. Enough to make you say it will all be ok. Thank you so much!

-6 NE Social Workers (9.19.12)
I would like to give a shout out to our Clinic Manager, Susan Calero, and our Recognition Program coordinator, Tara Brown. Their efforts to recognize others deserve some praise! We have four extremely hard working PSSs here at GIMC that we recently wanted to show our appreciation for. They have been asked to learn many new and challenging aspects of their job while upholding Patients Are First and remaining personable, professional, and flexible. I went down to our Recognition Nook and found two UW glass tumblers. They reminded me of happy hour, so I checked to see if we had two more anywhere in the building. Much to my dismay, we did not. I showed them to Susan who thought Tara may be able to help us out...and did she ever!

Tara did not have two additional glasses, but asked me to show her a picture of the ones I was trying to match and ORDERED US two more. She loved our idea and was completely on board!

Once we got them, our fabulous Clinic Manager put on an apron and served a mid-day “cocktail spritzer” of 7-Up with a lemon twist! It was such a surprise and our PSS crew absolutely loved it!

Here’s to our amazing team! Special thank you to Tara and Susan!

-Jennifer Sloniker (10.9.12)

The Urology Clinic would like to rave about Dean Gibson. She is always helpful to us, always friendly. She has been with the Pharmacy for a long time and we know when she says she will help us she will and does. She is a great asset to the Pharmacy and to our clinic as well.

-Martha Foster (9.12.12)

I want to recognize Tracey Cosgrove, physical therapist, and her manager, Stacia Lee, for extending help to our patient in Neurosurgery. We had a patient who presented a challenge to us in securing his safety on his wheelchair. I called Stacia, and without hesitation she decided it was best to send Tracey down to help, and she came right away. The patient was properly secured for much safer navigation on his wheelchair. Tracey and Stacia are great role models for Patients Are First, serving the patient wherever he is. Thank you, Tracey and Stacia.

-Adele Wirch (10.15.12)

Pat Maxwell’s team wishes her farewell from her role as manager of the Eastside Specialty Center.

Submit your Recognition Raves to Tara Brown at tarab34@uw.edu or via Catalyst.
More Raves!

A big thank you to **Nathan Furukawa** (Food & Nutrition Services) and **Beth Speck** (OD&T) for helping me with the Halloween pumpkin distribution. Nathan helped me by meeting me at the loading dock and taking the pumpkins into the conference room so I didn’t have to (time saver!) and Beth covered for me by monitoring the room as folks came to pick up the pumpkins because I was double-booked (schedule saver!). It might not seem like a huge deal, but you both really helped me manage that day. Thank you.

-TB (10.22.12)

Team Shamrock consisting of pharmacy and nursing staff, **Kathy McFadden, Gayle Crawford, Sara Bean**, plus friends and family participated in the Bike MS Ride.

It was an unforgettable, two-day journey through Skagit, Whatcom and Island Counties on September 8 and 9, 2012. As many as 2,000 riders cruised along scenic figure-eight courses ranging from 22 to 97 miles.

Riders raise money to support MS research, programs and services dedicated to improving the quality of life for individuals affected by MS.

-Kathy McFadden (10.10.12)

I’d like to recognize the work that **Paula Kresser** (Administration) and **Brian McInnis** (Operations & Maintenance) have done to identify and order new storage bins for departments’ holiday decorations. This is a project we’ve talked about for several years (because boxes are falling apart and we’re trying to save space at Sand Point), and it’s finally happening. I appreciate their follow through on getting this taken care of.

-TB (10.24.12)

A big THANK YOU to the great **nursing and support staff on 4SE** - the base of the Transplant Surgery Team. Taking care of our patient population is no easy task, yet, we know our patients are always getting the best care they can when they are on our floor. Thank you for being a crucial part of our team. Your hard work and dedication is much appreciated.

-Karen Leung-Waite (10.5.12)
More Raves!

I want to RAVE about Annette McClenathan and Karen Stevens, Health Information Tech IIs in Transcription Services. They have both gone above and beyond by diligently working out the kinks in our CPOE and EpicCare processes.

When issues arise, they take ownership and show great initiative and persistence in finding and working with the appropriate personnel to point out these issues and help find solutions, patiently answering repeated inquiries about the processes in place, how they work, and how they SHOULD work.

They are creative in coming up with work-arounds to assure that documents are processed as efficiently as possible within strict time constraints. They have been instrumental in developing procedures for our department’s piece of both EpicCare and CPOE.

Both Karen and Annette continually work to improve our processes and to improve our department’s already excellent customer service.

-Sheryl Evans and Ruth Gabriel (10.5.12)

US News and World Report of Best Hospitals in the USA ranks UWMC’s Diabetes Care Center #6!

More than 1,100 hospitals are listed in Diabetes & Endocrinology. All are experienced in treating difficult cases—a hospital is listed only if at least 172 inpatients in need of a high level of expertise in this specialty were treated there in 2008, 2009, and 2010 or if enough specialists recommended the hospital for such patients. The top 50 hospitals are ranked, based on score. The rest are listed alphabetically. Here is the full article.

#6: University of Washington Medical Center - 81.1/100!

Congratulations, Diabetes Care Center!

Mary Janci, Nurse Practitioner in the DCC says, “The DCC works very hard to provide excellent care on a daily basis. It’s wonderful to be part of such an amazing group of professionals who are passionate about the care provided to patients with diabetes.”

The Pediatric Care Center recently had a party for Sandra Jolley ARNP. She retired after 15 years caring for pediatric patients at the UWMC. Everyone had a great time setting up with all the purple and gold balloons and a lot of great food!

Pictures from left to right: Sandra and Dr. Jeff Wright, Medical Director Pediatric Care Center; Sandra and her family; Timothy Dribin MD enjoying the great time; Pediatric clinic staff.
In other news...

Movember Madness

This is Bjorn Whitney’s very first year participating in Movember (which coincides with November). Bjorn is a PFS Specialist 2 in PFS Cash App.

Bjorn says, “I first heard about Movember from the radio show The Men's Room on 99.9 KISW. I am a loyal listener, and during the month of Movember last year I followed their progress as a team both through their show and online. As a man, it was very eye opening to me. I had no idea just how many men are diagnosed each year with prostate and testicular cancer, and also realized there are probably many more men out there who just have no clue. So, this year I decided it was time to become active. Since it was The Men’s Room that first informed me about Movember, I joined up with their team, got a shave at Rudy's in Ballard at 6:00am on Movember 1st, and am personally hoping to raise $1,000 for the cause.

My daily photos are on my MoSpace - you can donate to the cause and follow my progress (and donors can make sure I’m playing by the rules). I’m also participating in the Seattle Mustache Dash on Movember 17th. It may be my first year, but that doesn’t mean I’m not going all in.

Day 1

Day 13

Support the White Light Fund

During the month of December, the University Village glassybaby store will donate ten percent of all sales to UW Medical Center’s White Light Fund.

Lee Rhodes, glassybaby founder, is a former cancer patient who received treatment at UWMC. She also founded the White Light Fund at UWMC to support cancer patients with basic needs during treatment. The White Light Fund supports UWMC Service League Living Well With Cancer program and The Collegiana. The Living Well With Cancer program provides funds and services to support Beauty & Cancer, bedside art and therapy, knitting lessons, music, family room essentials for oncology patient’s families, and more. The Collegiana offers affordable and convenient lodging for patients, families and caregivers while receiving treatment at UWMC. Last year, glassybaby donated close to $50,000 to the White Light Fund.

glassybaby has donated more than one million dollars from sales to charities dedicated to health, healing and quality of life. UW Medicine is proud that the White Light Fund is a significant recipient of glassybaby’s generosity in our community – and that the final gift to reach the $1 million mark was made to the White Light Fund!

If you visit University Village in the month of December, remember to stop by glassybaby!

Learn more about glassybaby.
Learn more about the White Light fund.

Any other gents participating in Movember? Send your photos to tarab34@uw.edu to be included in the next “RamPAGE!”
November Healthcare Observances

Month-long Observances

Alzheimer’s Disease Awareness Month, Diabetes Month®, Diabetic Eye Disease Month, Epilepsy Awareness Month, Family Caregivers Month, Healthy Skin Month, Home Care Month, Hospice and Palliative Care Month, Jingle Bell Run/Walk for Arthritis, Lung Cancer Awareness Month, Pancreatic Cancer Awareness Month, Prematurity Awareness, Pulmonary Hypertension Awareness Month, Sexual Health Month

Other Health Observances

1-7 Medical-Surgical Nurses Week
1-7 Urology Nurses and Associates Week
4-10 Allied Health Professions Week
4-10 Aspiring Nurse Leader Week
4-10 Diabetes Education Week
4-10 National Medical Staff Services Awareness Week
4-10 Patient Transport Week
4-10 Radiologic Technology Week®
5-9 Blood Management Awareness Week
5-11 Perioperative Nurse Week
11-17 Mental Health Wellness Week
12 Pneumonia Day (World)
14 Diabetes Day (World)
15 Great American Smokeout
17 Family Volunteer Day

December Healthcare Observances

Month-long Observances

Drunk and Drugged Driving Prevention Month, Safe Toys and Celebrations Month, Safe Toys and Gifts Month

Other Health Observances

1 AIDS Day (World)
1-7 Aplastic Anemia and MDS Awareness Week
6-12 National Handwashing Awareness Week

Mark your calendar!

November 28-December 21 - Winterfest information packet is coming soon! Managers are already scheduling department celebrations.

March 15 - Service Awards Celebration for 2012 service award recipients and formal awardees. (Invitations will be sent in January.)

Visit www.uwmcrecognition.org and click on ‘events’ tab.

Distinguished Staff Award

Nominate one of your amazing colleagues for the 2013 University of Washington Distinguished Staff Award!

Visit the Distinguished Staff Awards website to learn more and to submit a nomination. Up to five of this year’s nominees will be presented with the award at the annual Awards of Excellence Ceremony, which includes presentations of the Distinguished Teaching, Outstanding Public Service, and other University honors.

Questions about the awards process may be directed to uwdsa@uw.edu or DSA co-chair Anne Marie Marshall at 206-221-4349. All nominations must be submitted by Friday, December 7.

Calling all Seattle Marathoners

Who’s running or walking in the Seattle Marathon or Half Marathon this year? We’d love to list your name in the next “RamPAGE” and share any photos of you on race day! If you have any special stories about your experience, please share that as well. Email tarab34@uw.edu.

Click here for a calendar of 2012 health care observances.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov 25</td>
<td>Nov 26</td>
<td>Nov 27</td>
<td>Nov 28</td>
<td>Nov 29</td>
<td>Nov 30</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>In-house food deliveries (light)</td>
<td>In-house food deliveries</td>
<td>In-house food deliveries</td>
<td>In-house food deliveries</td>
<td>In-house food deliveries</td>
<td>Cider &amp; jazz social, 1:30-3:30pm, main lobby</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
</tr>
<tr>
<td>In-house food deliveries (light)</td>
<td>Off-site food deliveries (Roosevelt I &amp; II)</td>
<td>Off-site food deliveries (UW Tower)</td>
<td>Night staff breakfast social, 2-4am, Plaza Café</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td>In-house food deliveries (light)</td>
<td>Food &amp; gift drive, 7am-3pm, Cascade atrium. Off-site food deliveries (Sand Point - HIM, Materials Management)</td>
<td>In-house food deliveries</td>
<td>In-house food deliveries</td>
<td>In-house food deliveries</td>
<td>In-house food deliveries</td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Off-site deliveries for other locations are handled directly with each site’s Winterfest contact, and are not included on this calendar. Those locations are: Consolidated Laundry; Eastside Specialty Center; Lab Med @ Children’s; Lab Med @ SCCA; Lab Med @ SLU; Lab Med Virology @ Eastlake; MS Clinic @ NWH; RHC Alderwood; UW Medicine Compliance; UW Medicine Strategic Marketing & Communications. UWMC no longer provides Winterfest for groups at HMC (IT Services, Lab Med, ERCO), as you’re included in the HMC holiday celebration.*